



Pembroke Road Surgery

www.pembrokeroadsurgery.co.uk

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To whom it may concern

Conjunctivitis

Conjunctivitis is a common eye infection.

It is usually caused by a viral or bacterial infection and is self-resolving in the majority of cases. There is information on how to manage it on NHS Choices. The main thing is to keep the eye clean from sticky discharge and to ensure that you and your family are washing your hands thoroughly.

We only prescribe eye drops in severe bacterial cases which have been lasting more than 1-2 weeks. Public Health England advise that conjunctivitis is not a reason to stay away from nursery, school or work and we will not be prescribing at their request.

For more information see:

NHS Choices, 'Conjunctivitis'

Public Health England, 'The Spotty Book'

RCGP, 'Conjunctivitis' and in particular the RCGP's poster on caring for children with infective conjunctivitis (designed for nurseries and schools)

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