

Bristol Diabetes UK Support groups

Dates of Meetings 2014

A network of local groups for people with diabetes, their friends and families in the Bristol area. Each group meets every other month for a programme of support and education. We cover topics such as how can diabetes affect me, what care to expect, food choices, healthy lifestyle, taking control of diabetes, foot care and eye screening amongst other topics decided by the groups. Bristol Community Health, Bristol Clinical Commissioning Group and Diabetes UK support the groups.

Date	Group	Topic (bold indicates confirmed)
Thurs 16 Jan	West	Taking the Driving Seat; John Moore
Sat 18 Jan	East	AGM; Anne Williams podiatry; Susi Calder DUK
Thurs 13 Mar	West	Kate Green; research into diabetes
Sat 15 Mar	East	
Mon 24 Mar	South	Jane Davis; Food labelling, recipes
Tues 25 Mar	Central	Open meeting
Thurs 8 May	West	
Sat 17 May	East	Retinopathy; Kate Powell
Tues 20 May	Central	Open meeting
Mon 26 May	South	<i>Keeping fit?</i>
June; TBA	All groups	<i>Summer Walk; The Harbourside?</i>
Thurs 10 July	West	<i>Treasure Hunt for all groups</i>
Tues 15 July	Central	Open meeting
Sat 19 July	East	More food choices; Jane Davies
Mon 28 July	South	
Thurs 11 Sept	West	
Tues 16 Sept	Central	Open meeting
Sat 20 Sept	East	
Mon 29 Sept	South	Red Cross
Thurs 13 Nov	West	
Tues 11 Nov	Central	Open meeting
Sat 15 Nov	East	
Mon 15 Dec	South	AGM

Central Bristol

Meets at The Sportsman's Club, 40 Colston Street Bristol BS1 5AE from 17.45 to around 19.45. This is a drop in group with no formal agenda. Topics have included pumps, CGMS, holidays etc.

Contact st@diabetesbristol.org.uk

East Bristol

Meets at the Beechwood Club, Beechwood Road, Fishponds BS16 3TR from 14.00 – 16.00

Contact st@diabetesbristol.org.uk

South Bristol

Meets at Knowle West Health Park, Downton Road, Bristol BS4 1WH from 18.30 – 20.30

Contact md@diabetesbristol.org.uk

West Bristol

Meets at Westbury on Trim Primary Care Surgery, Westbury Hill, Westbury on Trim, Bristol, BS9 3AA from 14.00.

Contact sec.wb.diabetes@outlook.com